

Overview of Tendon and Ligament Bioreactors

While a multitude of preclinical *in vivo* models have been used to study tendon and ligament biology, the complexity of performing these studies *in vivo* has stressed the utility of bioreactor exploration. The risks of tendon and ligament *in vivo* studies are numerous and include high variation between subjects; limited specialized replicates; incapability to completely control mechanical input; difficulty in controlled original medicine delivery; difficulty in real-time data collection; hamstrung collection of outgrowth data; and essential *in vivo* exploration risks, including expenditure, labor, and *in vivo* weal enterprises. Bioreactors offer a number of advantages over *in vivo* studies in that mechanical or chemical inputs can be precisely controlled and the cells and/or towel can be insulated from systemic factors in the body. Bioreactor designs have evolved to meet the requirements of experimenters and address crucial gaps in knowledge, from introductory wisdom questions of how mechanical forces alter cell *in vivo* to the product of TECs to replace or compound tendon repairs *in vivo*. The following section will punctuate these crucial advancements in bioreactor design.

Explant Bioreactors

Early bioreactors were “clamp and stretch” bias to study the effect of mechanical lading on bovine, canine, ovine, caprine, and avian tendons and ligaments. Over time, similar *ex vivo* studies showed that static or cyclic mechanical lading regulate tendon and ligament mechanical parcels, cell-cell communication, cell division, cell viability, gene expression, and ECM product and development. The emblems of “clamp and stretch” bioreactors are the operation of mechanical loads, frequently cyclic loads, while seeing distortion and/or forces in a physiologic terrain. These systems allow examination of cell and towel responses to physiologic loads compared with no cargo and supraphysiologic loads, occasionally while imaging the towel in real time. They’ve been used to study both the biomechanical parcels of tendon towel, and the cellular responses to different lading rules. These studies introduced the mechanobiological principles related to tendon homeostasis, mending, degeneration, and injury.

Two-dimensional (2D) Bioreactors

Two-dimensional (2D) bioreactors to study cellular response to mechanical lading have evolved fleetly since the mid-1980s, when Banes et al. helped lay the foundation for the tendon mechanobiology field. Using tendon internal fibroblasts (TIFs) insulated from near collagen fibrils in avian flexor hallucis longus tendon, they plant TIFs responded else to applied strain than cells carried from face paratenon and epitenon, involving time-dependent changes to the cytoskeleton. Groups also used patterned shells or stringy pulpits (i.e., 2.5 D terrain) to study the goods of face figure, association, and mechanical lading on cell *in vivo*. While these advancements are important to our understanding of tendon cell biology, the three-dimensional (3D) association of native tendon naturally led to the development of 3D bioreactors to more model *in vivo* conditions.

Rene H Wijffels*

Department of Food and Bioprocess Engineering Group, Wageningen University and Research Center, Wageningen, Netherlands

*Author for correspondence:
rene.hwijffels@algemeen.pk.wau.nl

Three-Dimensional (3D) Bioreactors with Mechanical Stimulation

Since tendons and ligaments witness cyclical loading during diurnal conditioning, the coming generation in bioreactor design was to apply mechanical exertion along a top strain direction to drive cells within the construct to synthesize and better organize ECM for ultimate direct tendon or multi-axial ligament operations. With applied tensile strain, cells aligned with their cell bodies and capitals, and actin fibers acquainted along the top strain direction. At first, simple accoutrements testing systems were acclimated for the operation of cyclic cargo to TECs. Also, more sophisticated systems were developed that a) allowed loading of further delicate pulps, b) collected cargo and distortion data in real-time, and c) incorporated the capability to image the TECs using confocal microscopy. Studies using these approaches revealed that tendon, ligament, and indeed bone stromal cells in 3D could respond in a cure-dependent fashion to applied strain of a given magnitude and frequency, maintain a cell expression profile, and increase breaking

strength. These studies led to the tendon and ligament bioreactor field as we know it moment.

Evolving Technologies in Bioreactor Design

Advances in bioreactor design are being made on several fronts. The waveform of the mechanical encouragement is continually being meliorated, honing in on low (ligament) and advanced (tendon) physiologic confines and frequency to evoke the asked response. Operation of multi-dimensional strains handed more physiological loading rules, applicable for certain ligaments. By recording the forces within constructs during the culture period, investigators could measure how the constructs progressed with time without stopping the trial for a terminal response measure. Other systems, in which multiple samples could be loaded at one time, increased output, performing in further replicates and treatment groups for trials and further TECs for towel-finished repairs. Eventually, constructs are now invested with fresh biologics during the culture period to ameliorate matrix product and the capability to make larger constructs demanded for restatement.